My Ramadan Planner

Set your goals, then tick off each day

My goals for this Ramadan

Quran: I will read _____

Prayer: I will add _____

Charity: I will give _____

Habit to leave: _____

Habit to build: _____

People to call or forgive: _____

Dua I will make every day: _____

Before Ramadan starts

- [ ] Make up any missed fasts from last year
- [ ] Buy food for suhoor and iftar, and plan simple meals
- [ ] Clear the diary of things that waste time
- [ ] Agree a family plan for taraweeh and Quran reading
- [ ] Set aside charity money and decide where it goes
- [ ] Ask for forgiveness and settle old disputes

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Daily tracker

Days 1 to 15 | tick when done

Day	Fast	Fajr	Tara.	Quran	Charity	Dua / one good deed
1	☐	☐	☐	☐	☐	
2	☐	☐	☐	☐	☐	
3	☐	☐	☐	☐	☐	
4	☐	☐	☐	☐	☐	
5	☐	☐	☐	☐	☐	
6	☐	☐	☐	☐	☐	
7	☐	☐	☐	☐	☐	
8	☐	☐	☐	☐	☐	
9	☐	☐	☐	☐	☐	
10	☐	☐	☐	☐	☐	
11	☐	☐	☐	☐	☐	
12	☐	☐	☐	☐	☐	
13	☐	☐	☐	☐	☐	
14	☐	☐	☐	☐	☐	
15	☐	☐	☐	☐	☐	

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Daily tracker

Days 16 to 30 | tick when done

Day	Fast	Fajr	Tara.	Quran	Charity	Dua / one good deed
16	☐	☐	☐	☐	☐	
17	☐	☐	☐	☐	☐	
18	☐	☐	☐	☐	☐	
19	☐	☐	☐	☐	☐	
20	☐	☐	☐	☐	☐	
21	☐	☐	☐	☐	☐	
22	☐	☐	☐	☐	☐	
23	☐	☐	☐	☐	☐	
24	☐	☐	☐	☐	☐	
25	☐	☐	☐	☐	☐	
26	☐	☐	☐	☐	☐	
27	☐	☐	☐	☐	☐	
28	☐	☐	☐	☐	☐	
29	☐	☐	☐	☐	☐	
30	☐	☐	☐	☐	☐	

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The last ten nights

Look for Laylat al-Qadr in the odd nights

Night	Done: prayer, Quran, dua	What I asked Allah for
Night 21	☐ Prayer ☐ Quran ☐ Dua	
Night 23	☐ Prayer ☐ Quran ☐ Dua	
Night 25	☐ Prayer ☐ Quran ☐ Dua	
Night 27	☐ Prayer ☐ Quran ☐ Dua	
Night 29	☐ Prayer ☐ Quran ☐ Dua	

Eid checklist

- ☐ Pay Zakat al-Fitr before the Eid prayer
- ☐ Take a bath and wear your best clothes
- ☐ Eat something sweet before the Eid prayer (a date is the sunnah)
- ☐ Say the takbir on the way to the prayer
- ☐ Visit family and share food with neighbours

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